

# Dr Nida Sheikh

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## OBJECTIVE

To pursue a career where I can provide healthcare and develop my future in the field of medicine

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## PROFILE

As a medical professional, I offer a combination of training and experience. I possess exceptional problem solving and decision-making skills. I am a highly motivated and result driven person with excellent leadership skills and positive result oriented administrative skills.

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## PROFESSIONAL EXPERIENCE

### **Pakistan Naval Station - PNS Shifa** (July2019-July2020)

- Senior Medical Officer in the Out-patient department.
- Managed treatment of over 100 patients daily.
- Dealt with patients of various departments - family medicine, pediatrics, gynaecology.

### **Certification of *Basic Life Support Provider*** (March 2016)

From the College of Physicians and Surgeons Pakistan in accordance with American heart association

### **Jinnah Post Graduate Medical Center, JPMC** (March 2012 – June 2015)

- Managed pre-operative and post-operative patients in surgical ward
- Supervised minor operations
- Assisted in major surgeries
- Thrice a week Operation Theatre
- Twice a week Out Patient Department
- Every fourth day call
  
- Department – General Surgery (August 2013 – June 2015)  
Position held - Post Graduate Trainee
  
- Department – Plastic Surgery (July 2013)  
Position held - Post Graduate Trainee
  
- Department – Neuro Surgery (June 2013)  
Position held - Post Graduate Trainee
  
- Department – Urology (May 2013)  
Position held - Post Graduate Trainee

- Department – Accident and Emergency (January 2013 – April 2013)  
Position held – Casualty Medical Officer  
Main Responsibility:
  - History taking, examination and diagnosis
  - Case presentation
  - Basic life support
  - Management of acute surgical and medical emergencies, trauma, road traffic accidents, gunshot injuries, blast injuries, apply stiches, wound debridement, poisoning cases, shock
- Department – Orthopedics (October 2012 – December 2012)  
Position held – Post Graduate Trainee
- Department – General Surgery (March 2012– October 2012)  
Position held - Post Graduate Trainee

**Sindh Institute of Urology and Transplantation, SIUT** (January 2011 – October 2011)

- Department – General Surgery  
Position held – Post Graduate Trainee

**National Institute of Child Health, NICH** (April 2009 – April 2010)

- Department – Pediatric Surgery  
Position held – House Surgeon
- Department – Pediatric Medicine  
Position held – House Physician

**Major Responsibilities**

- Neonatal ICU (2 months)
  - managed five patients assigned under my care
  - managed entire ward under senior supervision on every fourth day call
- Gastroenterology (2 months)
  - managed patients suffering from gastrointestinal diseases
  - helped in research project on Celiac disease
- General medicine (2 months)
  - ward management, bi-weekly duties in emergency and weekly duties in clinics

## MEDICAL AFFILIATIONS

- Registered with Pakistan Medical and Dental College, PMDC
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## PERSONAL SKILLS AND COMPETENCIES

### Social skills

- Interpersonal communication
- Problem solving
- Team management

### Technical skills

- Comprehensive MS Office knowledge
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## EDUCATION

- IMM Cleared, College of Physicians and Surgeons of Pakistan, October 2013
  - FCPS part 1 cleared, College of Physicians and Surgeons of Pakistan, September 2010
  - MBBS, Baqai Medical University Karachi, March 2009
  - A'levels, The Oasys School Karachi, 2003
  - O'levels, The City School PAF chapter Karachi, 2001
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## RESEARCH PAPERS, REPORTS AND ACADEMIC EVENTS

- Workshop in basic life support provider, from college of physicians and surgeons in accordance with American heart association
- Dissertation topic: *With high Boey Score at presentation mortality in perforated Ulcer patients*
- *Reflection of Interns on their Rotation in Pediatric Surgery*  
Paper Presentation at the 22<sup>nd</sup> Conference of Association of Pediatric Surgeons of Pakistan (9<sup>th</sup> – 10<sup>th</sup> April 2010)
- *Congenital Lobar Emphysema*  
Poster Presentation (Won Best Poster) at 47<sup>th</sup> Annual JPMC Symposium, Karachi (15<sup>th</sup> – 21<sup>st</sup> February 2010)
- Assisted in Research: To determine the incidence of Celiac disease in patients presenting to National Institute of Child Health with chronic diarrhea (2009)
- Research Paper on: *Method of Injection Application at Fatima Hospital and Awareness of medical staff regarding general hazards of not observing injection safety.* (2008) mortality